

# A Healer

A PRAYER MEDITATION FROM *AMBASSADORS OF JESUS CHRIST*

“You who are teachers have the responsibility to use every possible means to bring those under your guidance into that liberty of the children of God which Jesus Christ obtained by dying for us.” (Meditation No. 203.2)

## FIRST MOVEMENT

1. **Take a few minutes to recollect yourself and call to mind God’s presence in the people whom you instruct.**

“The faith which animates you should lead you to respect Jesus Christ in their persons.” (Meditation No. 80.3)

2. **Ask God to help you to truly want in life what God wants.**

“He is able, by the power at work within us, to do far more than we could ever ask or think.” (Eph 3:20)

## SECOND MOVEMENT

3. **Contemplate the Mystery of God’s Love at Work in the World**

Read the following Scripture passages slowly. What words or phrases especially catch your attention? Listen to what is being said. Watch what happens. Try to become part of the Mystery. Lovingly contemplate Jesus Christ, healer, and your relationship with Christ.

“Jesus went on from there and passed along the Sea of Galilee. And he went up on the mountain, and sat down there. And great crowds came to him, bringing with them the crippled, the maimed, the blind, the dumb, and many others, and they put them at his feet, and he healed them, so that the throng wondered, when they saw the dumb speaking, the maimed whole, the crippled walking, and the blind seeing; and they glorified the God of Israel.” (Mt 15:29-31)

“And they arrived at the country of the Gerasenes, which is opposite Galilee. And as he stepped out on land, there met him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down

before him, and said with a loud voice, 'What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me.' For he had commanded the unclean spirit to come out of the man. ... Jesus then asked him, 'What is your name?' And he said, 'Legion,' for many had entered him." (Lk 8:26-30)

#### **4. Reflect on the Mystery of God's Love at Work in Your Own Life**

Who are the people coming to you to be formed? To be re-formed? Who are those who come to you looking for help? What is their need?

What hungers and thirsts would need to be satisfied to heal the brokenness in the society in which you live?

In what way are you yourself blind and crippled, hindered from being all that God wants you to be in Christ, and so also in need of healing?

Do you believe that it is a miracle to help young people grown in the awareness that they are both loved by God and good? Could it be that it is a miracle to help a person grow in self-knowledge, self-discipline and self-worth?

Where in our world is Jesus most needed as healer? as savior? as peacemaker? as life-giver?

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### THIRD MOVEMENT

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#### **5. 5. Resolve to Be More Open to the Work of the Spirit in and Through You Today**

If you chose to allow this Scripture to come alive in you now, what would you have to change in your life? What are the obstacles to this change?

Where is the Spirit drawing you to sacrifice yourself today that others may have life?

This prayer meditation is an excerpt from *Ambassadors of Jesus Christ: Prayer Meditations for Christian Educators* (1995) by Brother William Mann, FSC, Brother Henry Dissanayke, FSC, and Brother Isaias Tzegay, FSC. This book contains 35 meditations that invite one to enter into the three movements of Saint John Baptist de La Salle's *Method of Interior Prayer*.