

A Daily Offering of Self (1)

A PRAYER MEDITATION FROM *AMBASSADORS OF JESUS CHRIST*

“The obligation you have to instruct children and bring them up in the spirit of Christianity should make you very assiduous in prayer, in order to obtain from God the graces you need to carry out your work well and to draw upon yourselves the light you must have to know how to form Jesus Christ in the hearts of the children who are entrusted to your guidance, and give them the spirit of God. Realize that to fill yourself with God as much as you should in the state in which providence has placed you, you are obliged to converse frequently with God.” (Meditation No. 80.2)

FIRST MOVEMENT

1. Pause for a few minutes to quiet yourself and to remember that God is, even in this very moment, present to you ...

- in all of creation, everywhere around you
- in your very self, keeping you alive
- in the midst of those with whom you are praying
- in the Eucharist

2. Ask for the graces necessary to understand better what God’s will is for you and that you might give yourself wholeheartedly to a more conscious accomplishment of this will ... to God’s plan.

“I consecrate myself entirely to you to procure your glory as far as I am able and as you will require of me.” (John Baptist de La Salle, 1694)

SECOND MOVEMENT

3. Contemplate the Mystery of God’s Love at Work in the World

Read today’s Gospel a few times slowly. What word or words especially catch your attention? Listen to what is being said. Watch what happens. Try to become part of the mystery. Lovingly contemplate Jesus and your relationship with him.

4. **Reflect on the Mystery of God's Love at Work in Your Own Life**

Does today's Gospel have any relevance to your life?

Are you willing to allow God to become flesh in you and, through you, to touch the lives of your students?

How does this text invite you to be more faithful to the ministry of the human and Christian education of youth?

How do you try to share the message of this Gospel with those with whom you live and work ... with those who have been entrusted to your care?

THIRD MOVEMENT

5. **Resolve to Be More Open to the Spirit Who Works in and Through You Today**

Where is the Spirit drawing you to sacrifice yourself today that others might have a happier, fuller, holier and more love-filled life?

Take a few minutes now to thank God for this time you have spent in prayer and to reoffer yourself, as far as you are able, to the accomplishment of God's will ... God's plan.

This prayer meditation is an excerpt from *Ambassadors of Jesus Christ: Prayer Meditations for Christian Educators* (1995) by Brother William Mann, FSC, Brother Henry Dissanayke, FSC, and Brother Isaias Tzegay, FSC. This book contains 35 meditations that invite one to enter into the three movements of Saint John Baptist de La Salle's *Method of Interior Prayer*.