

Visible Angels

A PRAYER MEDITATION FROM *AMBASSADORS OF JESUS CHRIST*

“School children usually are not able by themselves to understand easily the Christian truths and maxims. They need good guides, like visible angels, to help them learn these things.” (Meditation No. 197.1)

FIRST MOVEMENT

- 1. Pause for a few minutes and put yourself more consciously into the presence of the living God, who has promised to be with us always.**

“I will not leave you orphans; I will come to you.” (Jn 14:18)

- 2. Ask God that you might have the graces necessary to one in mind and heart with him.**

“My food is to do the will of the one who sent me, and to accomplish his work.” (Jn 4:34)

SECOND MOVEMENT

- 3. Contemplate the Mystery of God’s Love at Work in the World**

Read the following passages a few times slowly. What word or words especially catch your attention? Listen to what is being said. Watch what happens. Lovingly contemplate Jesus who invites you to become part of the mystery.

“One of the main duties of fathers and mothers is to bring up their children in a Christian manner and to teach them their religion. But many parents are not sufficiently enlightened in these matters; some are taken up with their daily concerns and the care of their family; others, under the constant anxiety of earning the necessities of life for themselves and their children, cannot take the time to teach their children their duties as Christians.” (Meditation No. 193.2)

“Behold, I send an angel before you, to guard you on the way and to bring you to the place which I have prepared.” (Ex 23:20)

“It is characteristic of the providence of God and of his vigilance over human conduct to substitute for fathers and mothers persons who have enough

knowledge and zeal to bring children to the knowledge of God and of his mysteries." (Meditation No. 193.2)

"I am Gabriel, who stand in the presence of God; and I was sent to speak to you, and to bring you this good news." (Lk 1:19)

"At times you may have to teach children who do not know God, because they have been brought up by those who do not know him themselves. Strive then to know God – that you may be able to make him known to others and that you may be able to help make him loved by all those to whom you have made him known." (Meditation No. 41.3)

4. Reflect on the Mystery of God's Love at Work in Your Own Life

How well do you understand and appreciate the obligations and demands being experienced by the parents and the families of those with whom you work? How do you in your ministry try to support the family and assist parents in the education and formation of their children?

Do you help, others know and love God?

In what ways are you being invited to guard others on their journey, to bring them good news, and to lead them to the place and into the fullness of their humanity that God has prepared for them?

How is Jesus inviting you to become part of the mystery of his love unfolding in the world?

How do you feel about being called a "visible angel"?

THIRD MOVEMENT

5. Resolve to Be More Open to the Spirit Who Works in and Through You Today

Has any one thing particularly, stirred in you during this time in prayer? What response. If any, to Christ and God's movement in you do you feel inclined to make today?

If you chose to allow this Scripture to come alive in you now, what would have to change in your life? What are the obstacles to this change?

This prayer meditation is an excerpt from *Ambassadors of Jesus Christ: Prayer Meditations for Christian Educators* (1995) by Brother William Mann, FSC, Brother Henry Dissanayke, FSC, and Brother Isaias Tzegay, FSC. This book contains 35 meditations that invite one to enter into the three movements of Saint John Baptist de La Salle's *Method of Interior Prayer*.