

Disciples of the Word

A PRAYER MEDITATION FROM *AMBASSADORS OF JESUS CHRIST*

“Your disciples ... must be convinced that your instructions are the truth of Jesus Christ who speaks with your mouth, that it is only in his name that you teach them, and that it is he who has given you authority over them.” (Meditation No. 195.2)

FIRST MOVEMENT

1. **Take a few minutes to recall the presence of Jesus who prays before the Father on behalf of those whose care has been entrusted to you.**

“I do not pray for them alone (those I have sent into the world). I pray also for those who will believe in me through their word.” (Jn 11:10)

2. **Ask God to help you to continue to be welcoming of the unfolding of God’s will in your regard.**

“In your kindness give me life, that I may keep the decrees of your mouth.” (Ps 119:88)

SECOND MOVEMENT

3. **Contemplate the Mystery of God’s Love at Work in the World**

Read the following Scripture passage a few times slowly. What words or phrases especially catch your attention? Listen to what is being said. Watch what happens. Try to become part of the mystery. Lovingly contemplate the word of God.

“As for you, ... obey me when I speak to you: Be not rebellious like this house of rebellion, but open your mouth and eat what I shall give you. It was then I saw a hand stretched out to me, in which was a written scroll which he unrolled before me. It was covered with writing front and back, and ... he said to me ... eat what is before you; eat this scroll, then go, speak to the house of Israel. So I opened my mouth and he gave me the scroll to eat ... he then said to me, feed your belly and fill your stomach with this scroll I am giving you. I ate it, and it was as sweet as honey in my mouth. He then said ... go now to the house of Israel and speak my words to them.” (Ez 2:8-3:4)

4. Reflect on the Mystery of God's Love at Work in Your Own Life

"Do you work at filling yourself daily with the word of God, that is to say with God himself?" (Meditation No. 100.2 and 80.2)

Are you in the habit of spending some time each day reading the Scriptures?

Are you faithful to the practice of regularly spending time in meditative prayer?

Do you share God's word with others? Do you share it with those whom you instruct?

THIRD MOVEMENT

5. Resolve to Be More Open to the Spirit Who Works in and Through You Today

If you chose to allow this Scripture to come alive in you now, what would you have to change in your life? What are the obstacles to this change?

Where do you sense that the Spirit is calling you to change so that you might be a more effective minister of Jesus Christ and of the Gospel?

What will you, in part as a consequence of the time you have just spent in prayer, do differently today?

This prayer meditation is an excerpt from *Ambassadors of Jesus Christ: Prayer Meditations for Christian Educators* (1995) by Brother William Mann, FSC, Brother Henry Dissanayke, FSC, and Brother Isaias Tzegay, FSC. This book contains 35 meditations that invite one to enter into the three movements of Saint John Baptist de La Salle's *Method of Interior Prayer*.