

Heralds of God's Kingdom

A PRAYER MEDITATION FROM *AMBASSADORS OF JESUS CHRIST*

"Those who instruct others ... are but the voice that disposes hearts to receive our Lord and his holy doctrine; but the one who really disposes them, and the one who gives efficacy to their words, is none other than God himself." (Meditation No. 3:1)

FIRST MOVEMENT

1. **Take a comfortable posture and quiet yourself. Breathe slowly, deeply. Concentrate on your breathing, relax your mind and body. What are the visible signs of God's kingdom within yourself, in your surroundings, and more particularly, in the place where you exercise your ministry? Recognize God's powerful presence in all these places.**

"If anyone loves me, my Father will love them; and we will come to make our abode in them." (Jn 14:23)

2. **Thank God for his continuous presence in your life. Admire God's goodness in revealing to you the Good News which you are to share with those whom you serve. Ask God's Spirit to come and take possession of your heart, so that you radiate his love to others.**

"It is likewise by the movement of the same Spirit that all those who announce God's kingdom speak even today." (Meditation No. 3:2)

SECOND MOVEMENT

3. **Contemplate the Mystery of God's Love at Work in the World**

Read the following passage a few times slowly and reflectively. Walk with Jesus, stay close to him as he speaks and acts. Try to understand his feelings.

"And they brought young children to him, that he might touch them; but the disciples rebuked those who brought them. But when Jesus saw it, he was greatly displeased and said to them, 'Let the little children come to me and do not forbid them; for of such is the kingdom of God. Assuredly, I say to you, whoever does not receive the kingdom of God as a little child will by no means enter it.' And he took them up in his arms, put his hands on them, and blessed them." (Mk 10:13-16)

"Then Jesus said to his disciples, 'Assuredly, I say to you, that it is hard for a rich person to enter the kingdom of heaven. And again I say to you, it is easier for a camel to go through the eye of a needle than for rich person to enter the kingdom of God.' When his disciples heard it, they were exceedingly amazed, saying, 'Who then can be saved?' But Jesus looked at them and said to them, 'With human beings this is impossible, but with God all things are possible.'" (Mt 19:23-26)

4. Reflect on the Mystery of God's Love at Work in Your Own Life

Read the following passage:

"Since those who teach are but the voice of God, it is from God that their words must proceed to make him known to those whom they instruct. It is God who is heard through those who speak of him and of what relates to him. Hence, Saint Peter says: 'One of you preaches, let him remember that it is God's message he is uttering; another distributes relief, let him remember that it is God who supplies him the opportunity: that so, in all you do, God may be glorified through Jesus Christ.'" (Meditation No. 3.2)

Become aware of your giftedness. Be grateful to God for the gifts and graces you have received.

How do you radiate God's love and goodness to those around you?

How open and sensitive are you to receive God's message, which he wants you to share with others?

THIRD MOVEMENT

5. Resolve to Be More Open to the Work of the Spirit in and Through You Today

What are the ordinary events in your daily schedule wherein you can today announce God's kingdom?

This prayer meditation is an excerpt from *Ambassadors of Jesus Christ: Prayer Meditations for Christian Educators* (1995) by Brother William Mann, FSC, Brother Henry Dissanayke, FSC, and Brother Isaias Tzegay, FSC. This book contains 35 meditations that invite one to enter into the three movements of Saint John Baptist de La Salle's *Method of Interior Prayer*.