

43-5-A-190

**PRAYERS INSPIRED BY
DE LA SALLE'S WRITINGS**

Brother José Luis Hermosilla

1. BURNING DESIRE

**LORD, GIVE ME A HEART
THAT IS PURE AND CLEAN**

Give me, Lord, a heart that
is pure and clean in order to receive
you in the Eucharist just as you deserve.

Only the unpretentious
can experience your Presence.
You love man as no one else can;
you have loved him, created him, nourished him.
Grant me a burning love so that
I will be able to return your love to you.

Lord, neither heaven nor earth is capable
of containing you,
and nevertheless you come to me.
What friendship is yours!
You, who are the embodiment
of kindness and generosity,
grant me the holiness of life
which you ask of me
in order to receive you as you desire.
I want nothing more than this!

It is only with this confidence in giving you thanks that
I receive your Body within me.
Thus my soul will be strengthened to work
for the good in the midst of my daily life.

(Instructions et prières...CL 17, 246-254)

LIVING PRESENCE

Jesus, you are there in the Eucharist.
You hide yourself from our eyes
under the white veil and an imaginary outward appearance.

I believe with faith
that you are alive in this Bread;
that you are the God
of our hearts and our most secure hope.

The same Word that created heaven and earth,
has accomplished
the wonder of bringing God to earth.
Now man can approach you
without experiencing fear or trembling,
as happened to the people of Israel
on Mount Sinai.

What marvelous cleverness
you have shown, Lord,
for approaching man!
In the Eucharist together with all your wonders,
in admirable synthesis,
that you have realized in the world.
With St. Thomas I say to you:
"you are my only God and Lord".

(Instructions et prières...CL 17, 254-255)

HUMBLE ADORATION

Jesus, even though my eyes do not see you
and I cannot appreciate you as you are
in this wonderful sacrament,
I offer you humble reverence,
as did the holy Wise Men at the scene of your Nativity.

Jesus, you are the same Lord
whom the angels adore in heaven
and here on earth are praised and blessed.
I unite with them
and I renew my faith in your real presence in this sacrament.

In this sacrament greatness and humility are united;
as are exaltation and simplicity;
and glory's manifestation
with a continued silence.

In the presence of so lofty a mystery
I recognize your greatness;
I adore you with humble feeling,
as my God and Lord.

(Instructions et prières...CL 17, 254-261)

JESUS, COME TAKE POSSESSION OF MY HEART

The Eucharist, presence of God among men,
the throne where his glory is hidden,
constitutes man's consolation and happiness.

Come, Jesus, and take possession of my heart,
as one day you did in the waters of Baptism.
May your Spirit, which is Holy,
invade it completely
and become lord of its feelings and deepest desires.
Leave it in me as a vestige of your love.

Like the Centurion in the Gospel, I heartily beg you
"to enter my house".
You yourself, Lord, want this
even more than I myself can express.

The miracle that
I am asking for and which you can give me as a gift,
is that of strengthening me
along the way of goodness;
transforming my heart by your love
and delivering me confident in your Grace.

Come, Jesus, come without delay;
I need your grace and your help!
I believe in your Word that
I now receive as Bread that nourishes the soul.

(Instructions et prières...CL 17, 257-260)

FEELINGS OF HUMILITY AND TRUST

Lord, as I see that you come to visit me in person
I speak to you as did the Centurion:
“Who am I that you should condescend
to stay at my house”?

You are the Lord of heaven
who has lowered yourself to the point
of making yourself
as small as a child.
You are the same innocent one
that unites himself with the sinner.
Since you are kind enough
to take possession of my heart,
work in me the miracle that you performed
with the Centurion’s servant:
cure my soul of its evils.

In the face of such grace that
I receive from you every day,
and seeing myself as such a small thing,
I unite myself to the gesture
of admiration of the apostle Peter
as he witnessed the miracle of the multiplication of fish.
Lord, I am not worthy
that you should behave that way with me,
thus making me the object of your trust.

Like Martha and Mary
I receive you in my “home”;
the gift that you gave to these holy women,
returning the life of their brother to them,
as you come to me,
grant me an even greater gift:
the life of your grace and your friendship.

Jesus, from now on, make me walk
the pathway towards what is good,
so that sin may no longer be a force within me.
This is what I desire with all my heart.

(Instructions et prières...CL 17, 260-261)

ASTONISHMENT AND ADMIRATION

Lord, how many times I recall you
in my mind
as I recall the story of Luke 1:39-55:

“Mary went with haste
to a mountainous region of Judea
to visit her cousin who was with child.
She had scarcely entered Zachary’s house
and greeted Elizabeth...
when a number of wonderful things happened:
Elizabeth was filled with the Holy Spirit;
your cousin John leaped for joy in his mother’s womb.
These women felt their lips
singing the praises of the Lord
because he entered their lives
in a wonderful and extraordinary way”.

May your visit to me, Lord, today,
give me the joy of feeling you present in my heart.
May the purity of my soul be the adornment of my life,
and may the Holy Spirit rule
over my lips and my words,
to that whenever I speak today,
it will be for the glory and praise of God
for all he has done for me.

(Instructions et prières...CL 17, 261)

ALL HONOR, BLESSING, AND THANKSGIVING BE GIVEN TO YOU, LORD.

FAITH:

As in Mary’s womb, you are here, Lord,
hidden in that small host.
Even though I do not see you,
faith tells me that you can be found there
underneath that humble appearance.

I recognize you as my God and my Lord
from whom I came forth to whom
I owe all that I am.

ADORATION:

Now that I have received you, Lord,
I invite all creatures to untie their tongues
in praises along with me
and bless you for this favor that you are doing for me.
Along with them
I say to you:
All honor, blessing and thanksgiving
be given unceasingly to you, Lord,
who is found so close to your creatures.

(Instructions et prières...CL 17, 163-266) •