

# **Enter to Learn, Leave to Serve:**

---

A Lasallian Vocational Journey




# About CBU

- 11:1 student/faculty ratio
- Average class size is 16
- 1,746 students (49% female, 51% male)
- 30 states represented
- 28 countries represented
- 40% minority, 7% international
- 99% of full-time undergraduate students receive some financial aid





**Enter to Learn**



"The place God calls you to is the place where your deep gladness and the world's deep hunger meet."

**Frederick Buechner**

# Vocational Reflection for Sophomores & Juniors

---



# **Vocational Journey Reflection & Career Trek**



## Vocational Journey Inventory

Vocation comes from the Latin word - *vocare*, "to call," and means the work a person is called to by God. In a Lasallian context, this means thinking about how God has called you to serve your family, your community, and the world. More generally, finding a *calling* is about learning where you belong and how you can use your unique skills and passions for the common good. In the words of Frederick Buechner, vocation is *where your deep gladness and the world's deep hunger meet*.

In order to reflect on your vocational journey and your calling, answer the below questions while visiting places on campus that fit the below Career Trek prompts.

**Career Trek 1 – Go to the place on campus that provided you with one of your first memories at CBU. When there, answer this question:**

1. When you were younger, what did you dream about doing? Sometimes those dreams are "given up" as we become adults. Why do you think that is?

**Career Trek 2 – Go to the place on campus that allows you to best demonstrate your strengths. This can be a classroom, a dorm, anywhere. When there, answer this question:**

2. What are your gifts or strengths (i.e., communication, writing, the arts, leadership, compassion, service, creativity)? How are you (or how have you been) *intentionally* developing them, or how might you start to do so? (You could be developing them through part-time jobs, internships, coursework, etc.)

**Career Trek 3 – Go to the place on campus that most inspires you. When there, answer this question:**

3. What causes, ideas, issues, or activities are you *passionate* about? What things in your life give you the deepest sense of satisfaction?

**Career Trek 4 – Go to the place on campus that connects you with the voices of people that you admire and respect. When there, answer this question:**

4. When you reflect on your future direction, there may be *other voices* whispering in your ear about what you should do. Who are those important voices in your life? What are they saying?

**Career Trek 5 – Go to the place on campus that reminds you to "enter to learn and leave to serve." When there, answer this question:**

5. List some of your life experiences in serving others. Did they change you? Name one thing you hope to do *for the benefit of others* in your life.

**Career Trek 6 – Go to the place on campus that will provide you with the most support to help you accomplish your career goals. When there, answer this question:**

6. In 10 years, what kind of person do you want to be? What does your vocation look like? Is your time at CBU helping you learn to become that person? Why or why not?

# First-Generation Mentor Program

- Mentorship with Lasallian Alumni
- Vocational Reflection Meetings



# WE ARE FIRST GEN

Here is where you belong. Let's connect!

Carly K. Lambig, Assistant Director  
Department: Career Services

First-Gen students' identity and resilience and navigating college



#WeAreFirstGen • #WeAreCBU  
[www.cbu.edu/first-gen](http://www.cbu.edu/first-gen)



# **Lasallian Vocational Reflection Luncheon**



# Going Forward...

---

**CBU  
Orientation**

**CBU 101**

**Vocational  
Check-ins**

